



# May

	<b>Tuesday 1</b>	<b>Wednesday 2</b>	<b>Thursday 3</b>	<b>Friday 4 – Middleton</b>
	Chicken Macaroni Salad Marinated Tomatoes Mixed Greens French Dressing Peaches Ice Cream Cup  VO – Soy Mac Salad NCS – SF Ice Cream  <b>Cake for Cambridge</b>	Cheeseburger/WW Bun Ketchup/Mustard Calico Beans Peas Fruit Cocktail Frosted Marble Cake  VO – Garden Burger NCS – Diced Peached	Baked Fish Tartar Sauce ½ Baked Sweet Potato Creamy Coleslaw WW Bread 2 Butter Apricots Sugar Cookie  VO – Veggie Wrap NCS – SF Cookie Packet	Enchilada Casserole Sour Cream Corn Salsa Black Beans Cornbread/Butter Banana Vanilla Ice Cream  VO – Bean Burrito NCS – Fruit cup
	<b>Monday 7</b>	<b>Tuesday 8</b>	<b>Wednesday 9</b>	<b>Thursday 10</b>
BBQ Chicken Breast ½ Baked Potato Sour Cream Seasoned Corn WW Bread /Butter Tropical Fruit Chocolate Cake w/Powdered Sugar  VO – Black Bean Burger NCS – SF Pudding Cup	Cheese Tortellini Bake Bread Stick/Butter Green Beans Mandarin Oranges Blueberry Crisp  VO – Veggie Tortellini Bake NCS – SF Cookie Packet	Chicken Salad Mini Croissant Broccoli Salad Pickled Beets Peaches Pudding  VO – Egg Salad NCS – SF Pudding	Shepherds Pie WW Bread/Butter Creamed Spinach Apple Juice Strawberry Jell-o  VO – 3 Veggie Meatballs NCS – SF Jell-o	<b>Friday 11 – MSC</b> BBQ Ribs* Potato Salad Green Bean Almandine Rye Bread/Butter Strawberry Shortcake  VO – Hummus Wrap NCS – SF Cookie Packet
<b>Monday 14</b>	<b>Tuesday 15</b>	<b>Wednesday 16</b>	<b>Thursday 17</b>	<b>Friday 18</b>
Teriyaki Pork* Mashed Potatoes Garden Blend Vegetables WW Bread/Butter Mandarin Oranges Blueberry Pound Cake  VO – Veggie Burger NCS – Pineapple	Spinach, Mushroom & Swiss Quiche Diced Roasted Red Potatoes Orange Juice Spiced Apples Donut  VO – N/A NCS – Orange	Meatball* Sub Carrots Mixed Greens Balsamic Vinaigrette Banana Ambrosia Salad  VO – Veggie meatballs NCS – Apple	Chicken Sandwich on WW Bun Lettuce/Tomato/Mayo Bean Salad Corn Orange Strawberry Pretzel Salad  VO – Multigrain Burger NCS – SF Ice Cream	<b>Friday 18</b> Sloppy Joe on Bun Tater Tots Green Beans Banana Frosted Chocolate Cake  VO – Soy Sloppy Joe NCS – SF Cookie Packet
<b>Monday 21</b>	<b>Tuesday 22</b>	<b>Wednesday 23</b>	<b>Thursday 24</b>	<b>Friday 25 - Fitch</b>
Tuna Salad Sandwich on WW Bread Tomato/Cucumber/Onion Salad Carrot Raisin Slaw Pears Apple Sauce Bar  VO – Egg Salad NCS – Fruit Cup	Hamburger on Bun Ketchup/Mustard BBQ Baked Beans Broccoli Slaw Tropical Fruit Tapioca Pudding  VO – Garden Burger NCS – SF Pudding	Mediterranean Chicken Rice Medley Marinated Tomatoes Cucumber Salad Pineapple Root Beer Float  VO – Hummus and Pita NCS – Mandarin Oranges	Traditional Meatloaf Mashed Potatoes Gravy Apricots WW Bread/Butter Grape Juice Cup Frosted White Cake  VO – Multigrain Burger NCS – SF Pudding Cup	Spinach, Bacon* & Swiss Quiche Herb Marinated Tomatoes Tomato Juice Iced Cinnamon Roll Strawberry Yogurt  VO – Veggie Quiche NCS – SF Jell-o
<b>Monday 28</b>	<b>Tuesday 29</b>	<b>Wednesday 30</b>	<b>Thursday 31</b>	
<b>CLOSED</b>	Chicken Strips BBQ Sauce Green Beans Macaroni Salad Fruit Cup Apple Crisp  VO – Cheese and Tomato Sandwich NCS – Orange	Baked Mostaccioli Breadstick/Butter Broccoli Banana Brownie w/Peanut Butter Frosting  VO – Veggie Mostaccioli NCS – Pineapple	Chicken and Gravy over a slice of WW bread Mashed Potatoes/Butter Green Beans Orange Carnival Cookie  VO – Veggie Wrap NCS – SF Cookie Packet	 <p>Senior Dining Fellowship, Food &amp; Fun</p>

Meals provided by: DANE COUNTY CONSOLIDATED FOOD SERVICES DIVISION

*All menu items are prepared in kitchens that are not allergen-free.*

*We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed.*

Please note: Guests on a NAS diet should not be receiving: gravy or packets of condiments ( ketchup, mustard, mayo or BBQ)

# Salad Options for May 2018

## Week 1 – 5/4

### **Fruit Plate**

Cottage cheese served with a variety of fresh fruit

**Dressing:** none

**Meal items to be served with this:** cornbread, butter, banana, vanilla ice cream

## Week 2 – 5/11

### **Chef's Salad**

Mixed Greens topped with deli ham & turkey, Swiss cheese, sliced green pepper, tomatoes, a hard boiled egg

**Dressing:** Ranch

**Meal items to be served with this:** Rye bread, butter, strawberry shortcake

## Week 3 – 5/18

### **Beef Taco Salad**

Shredded lettuce topped with seasoned ground beef, diced tomatoes, cheese, salsa, black olives, sour cream and tortilla strips.

**Dressing:** None

**Meal items to be served with this:** Banana, Frosted Chocolate Cake

## Week 4 – 5/25

### **Hummus Plate**

Hummus served with pita, celery, peppers, carrots and cherry tomatoes.

**Dressing:** None

**Meal items to be served with this:** Iced cinnamon roll, strawberry yogurt